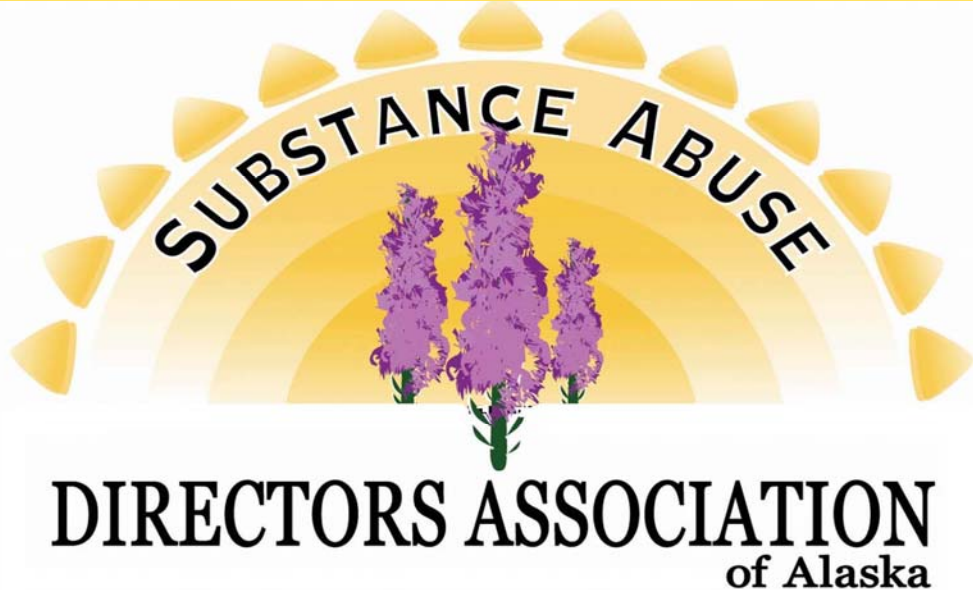


*Welcome to the
35th Annual School on Addictions
and Behavioral Health*

Embracing Change



The Substance Abuse Directors Association of Alaska is pleased to welcome you to the 35th Annual School on Addictions and Behavioral Health. The theme for this year's conference is "**Embracing Change**". Embracing Change is more than a concept. As professionals in this field, our providers are tasked with helping people change their lives and embrace the changes recovery brings. As professionals we must embrace the changes in prevention, treatment, and sustaining recovery in the field of behavioral health that are happening in Alaska.

Embracing Change speaks to a wide range of activities supporting individual growth and improvements in the field. It is the responsibility of all behavioral health professionals to promote best practices, accessible treatment, and adequate staffing through workforce development to provide optimum services to all Alaskans seeking recovery. This year the Annual School is excited to focus on **Embracing Change**, highlighting the need for change, emerging science, and embracing our field as we move through these exciting times.

The 2009 Annual School on Addictions and Behavioral Health will feature keynote addresses, concurrent workshops, and interactive training. Along with these presentations there will be networking opportunities to meet with regional groups of practitioners, share experiences, and reconnect with other programs, to build upon the strength of Alaska's addiction and behavioral health services. Visit the various exhibits to learn about new programs and services available in the industry. Most importantly, join us for the Awards Luncheon on Wednesday to celebrate individuals who have made outstanding contributions to the field.

The Annual School will offer knowledge and skills to help you sustain your involvement with the recovery process. Whether as a treatment counselor or in your own recovery process, the conference presents strategies and tools to help us all make and support positive change.

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The information in the registration brochure is current as of the time of printing. While no changes are anticipated, circumstances arise which are beyond our control and schedule changes, substitute presentations and speakers may occur. All changes will be noted in the Annual School Program you will receive when you check-in at the conference

SESSION TRACKS AND LEVELS OF EXPERTISE

The Annual School is designed to meet the training needs of human services practitioners. To assist you in deciding which sessions and levels of expertise will meet your needs, each session has been categorized in one of the following tracks and level of expertise. Each session's category and levels of expertise are shown at the end of the session description.

TRACKS

Keynote Presentations These are general sessions geared for all conference attendees.

Certification Courses These are core courses required for professional certification or licensure.

Clinical Workshops These workshops provide basic and in-depth skills building for the practicing counselor and/or clinician.

Research Workshops Attend these workshops to learn about new developments in the field of addictions, and application of research findings to the treatment field.

Management Workshops Designed to enhance the skills and knowledge base of clinical, administrative, financial and/or quality assurance managers.

Other Workshops These workshops deal with other topics (e.g., corrections or social issues).

LEVELS

Beginning (Foundational knowledge and skills of addictions and addictions treatment aimed at the new or entry level counselor.)

Intermediate (Workshops targeted at increasing the knowledge and skills of participants who have experience in the field and an established foundational knowledge. Basic concepts would only be reviewed in order to be able to focus on more complex concepts and skills.)

Advanced (Workshops targeted at those individuals with 5 or more years in the field.)

General audience

FURTHER INFORMATION

For further information, contact the Substance Abuse Directors Association: Anna Sappah, Executive Director • P.O. Box 92580, • Anchorage, AK 99509 • Phone: 907-242 • 6608 • FAX: • E-mail: sada@ak.net • Web site: www.sada-ak.org.

35th Annual School on Addictions and Behavioral Health

General Information

LOCATION

All sessions will be held at the Anchorage Sheraton Hotel; 401 East 6th Avenue, Anchorage, AK.

HOTEL ACCOMODATIONS

The Annual School will take place at the Anchorage Sheraton Hotel. Call the Sheraton at [1-800-478-8700](tel:1-800-478-8700) to book a room at the special conference rate of \$105.00 (single or double) plus bed tax. To receive this special rate, you must make your reservation prior to April 16, 2009 and identify yourself as a "2009 Annual School" participant. You can also book on-line at <http://www.starwoodmeeting.com/Book/2009School>. Attendees can access the web site as of March 1, 2009 to make a reservation. Modifications to a room reservations can be made by calling the hotel direct.

PARKING

Sheraton Anchorage parking is available for all attendees at \$6.00 per day/per car. Please stop by the front desk to pick up a specially made Annual School parking pass to place in your car window. If you are a registered guest, parking charges will be posted to your sleeping room account. If you are a non-registered hotel guest, please pay for parking at the front desk. There are also several municipal parking lots immediately adjacent to the Sheraton.

TRAVEL ACCOMODATIONS

Alaska Airlines is offering a 10% discount for travel between May 1 – May 10, 2009 for any roundtrip Alaska Airlines flights to Anchorage. Make your reservation on line at alaskaair.com and enter discount code ECCMB0761 to receive the Annual School of Addictions special conference air fare.

FEES AND REGISTRATION

Registration fees (and discount information) are shown on the registration form (page 20 and 22). The registration fee covers all instructions, program materials, and coffee service. Full conference registration includes admission to the Wednesday awards luncheon. For those who are registering for only part of the conference, Wednesday awards luncheon tickets may be purchased separately for \$35.00 by checking the appropriate box on the registration form.

**For those who pay with Purchase Orders, a check must be received prior to April 24, 2009 or your registration will not be processed.*

HOW TO REGISTER

Complete the Registration Form, select the sessions you wish to attend, and return the form with payment to SADA by mail to RADACT, 3901 Old Seward Highway, Suite 8, Anchorage, AK 99503. By Fax : 1-907-562-7948. By e-mail: sherryl@gci.net.

If faxing your registration, DO NOT mail the original form, doing so may result in duplicate charges to your credit card. Phone registration will not be accepted.

REFUNDS/CANCELLATION POLICY

Participants are encouraged to send a substitute if unable to attend. Cancellation of registration received in writing no less than two weeks prior to the first day of the program will be refunded for the registration fee less a \$45.00 processing fee. There will be no refunds for cancellations received less than two weeks before the program begins.

Cancellations will not be accepted over the phone but may be faxed to the Annual School on Addictions 1-907-562-7948 or e-mailed to sherryl@gci.net. **Non-attendance does not constitute cancellation.**

SAVE ON REGISTRATION FEES

Early registration rates are in effect through April 10th. To take advantage of these reduced rates, your **payment must be included with your registration form and postmarked by April 10th**. If there are three or more from the same organization registering for the Annual School, take advantage of the reduced registration rate shown on the registration form. Since there are no "shared" registrations at the Annual School, be sure to take advantage of these Group Rate savings!

SCHOLARSHIPS AND/OR LODGING STIPENDS

Conference Scholarships and/or lodging stipends are available to qualified applicants. For more information, contact Anna Sappah at sada@ak.net or visit our website at www.sada.ak.org to obtain the application. Applications are due no later than March 27, 2009.

May 4—6, 2009—Anchorage Sheraton Hotel

General Information

REGISTRATION CONFIRMATION

You will receive an electronic confirmation by **e-mail only** if your registration is **received no later than April 24, 2009**. All registration after April 24, 2009 will be done onsite at the Anchorage Sheraton Hotel. **Register early as space is limited!**

YOUR PERSONAL CONFERENCE AGENDA

There are numerous sessions to choose from at the Annual School. Please take a couple of minutes to let us know which sessions you would like to attend by checking the appropriate boxes on your registration form. With this information, we can then prepare a personal conference agenda that will be given to you when you arrive at the conference. If you are interested in a specific area, we've categorized each session into one of five possible tracks. A description of the tracks is shown on page 2. To help you in making your session selections, a brief description of each session is included in this brochure.

We strongly encourage early registration due to limited space. You will be asked to show your agenda prior to entering each workshop. This will ensure that space is available to you and will eliminate an overflow of unregistered attendees.

ANNUAL SCHOOL TRADE SHOW

Each year the Annual School includes a trade show of those providing services and products of interest to those in the addictions field. The trade show will be open all three days of the conference. If you are interested in exhibiting at the Annual School, please contact us at 907-242-6608 or go to our website at www.sada.ak.org.

ANNUAL SCHOOL AWARDS

This year, the Annual School is hosting an Awards Luncheon on Wednesday to honor those who have given exemplary service to the field. A nomination ballot is included in this brochure (page 19). Please take a moment to complete the ballot and return it by April 10, 2009.

SPECIAL ACCOMODATIONS/NEEDS

The Annual School on Addictions wishes to take steps to ensure that no disabled person is excluded. All facilities are accessible to persons with disabilities. Please call the Sheraton Hotel to describe your special needs. In order to assure accommodation, please contact the SADA office at 907-242-6608 at least three weeks prior to the conference.

PERSONAL COMFORT

For personal comfort in rooms of varying temperatures, make sure to include a sweater or light jacket for use during conference presentations and events. Please mute cell phones and pagers during the conference.

MESSAGE CENTER

There will be a message board located at the Conference Registration/Information Desk. Please check the board periodically. Messages will not be hand-delivered. Persons wishing to leave messages should call the Sheraton Anchorage Hotel and ask for the Annual School on Addictions Conference Desk or your room.

CONFERENCE/WORKSHOP EVALUATIONS

Workshop Evaluation Forms will be handed out in each workshop and keynote session. Please be sure to complete the information before leaving the workshop and turn it in to the volunteers stationed at the back of the room.

CERTIFICATES OF ATENDANCE AND CONTINUING EDUCATION UNITS

When you check in at the conference, you will be given a contact hour log to track the specific sessions you attend. At the end of the conference, Certificates of Attendance will be distributed. Applications to award Continuing Education Units (CEUs) will be submitted to the following organizations:

- Alaska Commission for Behavioral Health Certification (formerly ACCDPC)
- Alaska Licensed Professional Counselors
- Alaska Marriage and Family Therapists
- Alaska Chapter NASW

Frequently Asked Questions

1. How do I register? The following are the preferred methods of completing your registration form:

The easiest way to register for the conference is to download the application from our website at www.sada.ak.org to your desktop, fill in the required information and submit to RADACT. Typed registration forms speed up the registration process and ensure accuracy of the correct spelling of your name, agency, contact information and most importantly the sessions you've selected. Below are the different ways that you can register for the conference:

1. Complete the (fill-in) registration form, save the completed form to your desktop and email to sherry1@gci.net
2. Complete the (fill-in) registration form, print and fax the application to 1-907-562-7948
3. Complete the (fill-in) registration form, print and mail the application to: RADACT, 3901 Old Seward Highway, Suite 8, Anchorage, AK 99503

2. How much does it cost to attend the conference? Full conference registration fee is \$290.00 if you register before April 10, 2009 (\$305.00 after April 10, 2009). One Day conference registration fee is \$128.00 if you register before April 10, 2009 (\$143.00 after April 10, 2009). Half day conference registration fee is \$81 if you register before April 10, 2009 (\$100 after April 10, 2009). For more details refer to the Conference Registration Fee in the Registration Brochure.

3. When is the latest that I can pre-register? Conference registrations will be accepted until Friday, April 24, 2009 and will receive a confirmation agenda via e-mail only.

4. What happens if I miss the pre-registration date of April 24, 2009? On-site registration will be available at the Anchorage Sheraton Hotel beginning May 4, 2009.

5. Why should I register in advance? We encourage pre-registration because session seats are limited. Registering early will help ensure that the classes that you want to take are available. Please remember that you will need an agenda to attend all workshops.

6. How and when do I get the confirmed agenda? You will receive a confirmed agenda within one week of receipt of your registration form. Please be sure to PRINT or TYPE your e-mail address legibly to prevent sending your confirmed agenda to the wrong place. If you don't receive your agenda within 10 days please contact jmcarter@gci.net

7. What happens if I loose my confirmed agenda? Your confirmed agenda will also be available at the registration desk upon check in at the conference.

8. Can I change workshops after I pre-registered for the conference? Yes, you can change workshops after you pre-registered for the conference by contacting the conference coordinator via e-mail at jmcarter@gci.net and noting the workshops you wish to change. The cut off date for changes is April 24, 2009.

9. What happens if the workshops that I registered for is cancelled? The information in the registration brochure is current as of the time of printing. While no changes are anticipated, circumstances arise which are beyond our control and schedule changes, substitute presentations and speakers may occur. All changes will be noted in the Annual School Program distributed during check-in at the conference. If the workshop that you originally signed up for is cancelled then you are free to go to any other workshop provided there is seating available. Please check with the registration desk for seat availability.

10. When can I pick up my Certificate of Attendance? Conference Certificate of Attendance will be available at the Registration/Information Desk on Monday, May 4th at 1:00 p.m. until May 6th at 4:00 p.m. Be sure to stop by before you leave since certificates will not be mailed after the conference.

11. How do I get my Continuing Credit Units (CEU's)? When you check in at the conference, you will be given a contact hour log to track the specific sessions you attend. At each session you attend, you will be given a label to place on the log sheet. It is your responsibility to keep track of your contact hours log and the labels and send it to your certification or licensing office. Workshop volunteers are directed to not release hour logs until the end of each session.

12. What certification or licensing the CEU's from the conference is good for? Applications to award Continuing Education Units (CEUs) is submitted to the Alaska Commission for Behavioral Health Certification, the Alaska Licensed Professional Counselors, the Alaska Marriage and Family Therapists and the Alaska Chapter NASW.

13. Can I share registrations with someone from my agency? Registrations are per person and only one certificate of attendance is issued per registration. A conference registration cannot be split between two individuals.

14. If I am unable to use the Awards Luncheon ticket what should I do with it? Awards Luncheon ticket comes with the full conference registration fee. We ask that you turn in your lunch ticket or give it to someone who wishes to attend. You will be asked if you are planning on attending lunch when you first check in. Please help us avoid needlessly throwing food away due to inaccurate attendance by turning in your lunch ticket to the registration desk before 10:00 am on Monday of the conference. **May I bring a guest to the Awards Lunch if I purchase a ticket in advance?** Yes, Awards Lunch tickets are available for purchases at the Registration/Information Desk for \$35.00.

May 4-6, 2009—Anchorage Sheraton Hotel

Monday, May 4, 2009

Schedule at a Glance Monday, May 4, 2009

7:00 - 4:00.....	Registration/Information Desk	9:45-12:15.....	General Sessions
7:30 - 8:00.....	Welcome Ceremony	12:15-1:30	Lunch (on your own)
8:00 - 8:30.....	Opening Remarks	1:30-2:30.....	Afternoon Keynote
8:30 - 9:30	Opening Keynote	2:30-2:45.....	Networking Break
9:30 - 9:45.....	Networking Break	2:45- 5:15.....	General Sessions
		7:00-8:00.....	12 Step Meeting

Certification Sessions

9:45 - 5:45.....	Ethics (6 hours)
10:00 - 4:45.....	Advanced Ethics (4 hours)

Full Day Sessions

9:45 - 5:45.....	Neurobiological Aspects of PTSD and Substance Dependence
9:45—5:45.....	Integrating Cognitive Therapies

8:30 - 9:30.....Monday Morning Keynote

Addiction and Change

This presentation will highlight the process of change underlying how people become addicted and how they recover. The process of change involved in both initiation and recovery can be characterized as a journey through a change process that involves various stages of change that identify critical tasks of change. We will identify the tasks and the critical issues encountered at each stage of the process.

[Track—Keynote] [Level—General Audience]

Carlo C. DiClemente, Ph.D.

Professor
Department of Psychology
University of Maryland, Baltimore County



Carlo C. DiClemente is a professor in the Department of Psychology at the University of Maryland, Baltimore County. Dr. DiClemente is the co-developer of the Transtheoretical Model of behavior change with Dr. James Prochaska. Dr. DiClemente is the author of numerous scientific articles and book chapters on motivation and behavior change and the application of this model to a variety of problem behaviors.

9:30 - 9:45.....Networking Break

9:45 - 12:15.....Monday Morning Concurrent Sessions

Matching Treatment Approaches to the Process of Change

This workshop will examine client processes of change and illustrate how therapist strategies interact with these processes of change. Video, worksheets, and discussion of current client issues will be discussed and a stage based group therapy approach used as an illustration.

[Track—Clinical] [Level—Intermediate]

Carlo C. DiClemente, Ph.D.

Professor, Department of Psychology
University of Maryland, Baltimore County

35th Annual School on Addictions and Behavioral Health

Monday, May 4, 2009

9:45 - 12:15.....Monday Morning Concurrent Sessions (continued)

Pain Management for the Recovering Addict

Providing medical care for recovering addicts can be challenging on many levels, but everyone has a right to receive adequate pain control.

[Track—Clinical Workshop] [Level—Intermediate]

Rolanda J Brown RN-BC

Program Nurse—Interior AIDS Association

Anna Nelson, BA

Executive Director, Interior AIDS Association

Co-occurring Disorders and Grief

The presentation is based on shared clinical experience with co-occurring disorders, and described helpful literature on bereavement in that population. The presenter and audience will recall positive examples of grief recovery in people in recovery with co-occurring disorders. Presentation will review grief resolution models, types of complicated bereavement, with people with co-occurring disorders are more at risk for delayed or absent mourning, and therapist qualities helpful for dealing with “resistance”. Large and small group discussion is expected during the presentation

[Track—Clinical Workshop] [Level—Intermediate]

W. Sollenberger, MA,

Psychology Department API

AKAIMS Support

This workshop will provide intensive hands on technical support to enable providers to make the most of the AKAIMS system. This class is limited to 15 participants.

[Track—Research] [Level—Beginning/intermediate]

Michael Walker

State of Alaska, DBH

9:45 - 5:45Certification Session

Ethics (6 hours)

Participants will be introduced to the various codes of ethics with a focus on the NAADAC/ACBHC code of ethics. Applied exercises will help participants practice identification of potential ethical issues.

Morning Session 9:45—12:45 Afternoon Session 2:45—5:45

[Track—Certification] [Level—General Audience]

Jacqueline (Jackie) Cox, MA, CS, CDC11, LPC

10:00 - 4:45.....Certification Session

Advanced Ethics (4 hours)

NAADAC Code of ethics in substance use disorder counseling, apply principles to specific target populations such as criminal justice, people living with blood or airborne disease (TB, HIV/AIDS, HCV), and FASD. Boundary issues for behavioral health professional and peer service providers will be explored as well as practical techniques to improve the helping relationship in either role. Participants will discuss ethical dilemmas.

Morning Session 10:00—Noon. Afternoon Session 2:45—4:45

[Tracks—Certification/Clinical] [Level—Intermediate]

Steven B. King, MPA

Behavioral Health Specialist II

State of Alaska, DBH

George Girod, MSW, LCSW, CDCS

Mental Health Clinician III

State of Alaska, DBH

May 4—6, 2009—Anchorage Sheraton Hotel

Monday, May 4, 2009

9:45 - 5:45 Full Day Session

Integrating Cognitive Therapies

Starting with placing basic cognitive theory into a bio-psycho-social framework, this workshop will help participants develop a comprehensive understanding of cognitive theory that will allow them to better integrate and use the several manifestations of cognitive therapy. The cognitive approaches covered in the workshop will be Rational Emotive Behavior Therapy (REBT), Positive Psychology, Solution Focused Brief Therapy, and Cognitive Therapy of Depression.

Morning Session 9:45—12:45. Afternoon Session 2:45—5:45

[Track—Clinical] [Level—Intermediate]

Robert Lane, Ph.D

Associate Professor of Psychology,
Alaska Pacific University

9:45 - 5:45 Full Day Session

Neurobiological Aspects of PTSD and Substance Dependence

The session will be a review of pertinent anatomy and physiology of the brain and models applying this to an understanding of animal, and finally human behavior. Next will be a discussion of treatment such as medications and therapy and their known effects on anatomy, physiology, and behavior. Finally, the above will be integrated to provide a cohesive understanding of the relationship between addiction, anxiety disorders, and treatment options.

Morning Session 9:45—12:45. Afternoon Session 2:45—5:45

[Track—Clinical] [Level—Advanced]

Eric W. Taylor, MD

Alaska Medical Director for Mental Health
Providence Alaska Medical Center

12:15 - 1:30 Lunch Break (on your own)

1:30 - 2:30 Monday Afternoon Keynote

Treating the Angry and Aggressive Client

Anger and aggression are often described as symptoms attached to any one of a number of psychiatric disorders, a problem involving self-esteem or a learned coping strategy. However, for many anger and aggression are used as a survival strategy learned between the ages of 8—16. Often in response to early-life neglect and other forms of trauma, anger and aggression have consistently worked to keep people away and preserve personal control.

This skills training event will describe the latest scientific understanding of anger and aggression placing emphasis on verbal management, behavioral and pharmacological stabilization along with the demonstration of empirically proven clinical strategies.

[Track—all tracks] [Level—General Audience]

Cardwell C. Nuckols, MA, Ph.D

Cardwell C. Nuckols and Associates, LLC



Dr. Cardwell C. Nuckols has been described as “one of the most influential clinical trainers in America”. For over 30 years, he has served the healthcare industry in multiple capacities as a clinician, supervisor, program director, and hospital administrator.

Dr. Nuckols is widely published, having authored more than 50 journal articles, 30 books, and workbooks, 38 DVDs, CDs, and videos, and 17 audiotape series.

35th Annual School on Addictions and Behavioral Health

Monday, May 4, 2009

2:30 - 2:45.....Networking Break

2:45 - 5:15.....Monday Afternoon Concurrent Sessions

Treating Complicated Adolescent Substance Use Disorder

This skills training event will give the clinician an understanding of the neuroscience and neuropsychology of adolescent addiction and recovery. From this profound understanding, techniques will be described that can improve attachments, bring the past into conscious control (integrate our thoughts and feelings) and to help adolescents better connect with others in recovery and with a Higher Power (spiritual relationships) of their choice.

[Track—Clinical] [Level—General Audience]

Cardwell Nuchols, MA, Ph.D.

Cardwell C. Nuckols and Associates, LLC

Professional Boundaries: Transference and Counter-Transference

This workshop is designed to encourage the participant to develop a deeper understanding of transference and counter-transference issues within the context of the personal social microcosm. Awareness is the key to responding professionally and ethically when these issues arise in the context of a helping relationship.

[Track - Clinical] [Level - Intermediate]

Renee George, MS, LPC.

Instructor: Counseling Psychology and Human Services, Alaska Pacific University

Principles of Effective Youth Services: Findings from the National Academies of Sciences

The National Research Council examined youth services nationwide to determine the common characteristics that promote development and reduce negative behavior health outcomes. Several of these features nurture the Division's priority protective factors identified by the Alaska Behavioral Health Epidemiology Work Group. The characteristics of successful youth programs and services will be discussed in the context of Alaska's diverse settings. A specific focus on youth engagement strategies will be presented by a student who has worked in several youth-led efforts (*pending timing of the presentation*).

[Track— Research and Policy] [Level— General Audience]

Becky Judd, MAT

Alaska Division of Behavioral Health

Making Recovery Accessible-Treatment Planning for Real Human Beings in the Real World

To best advocate for healthy communities we start with ourselves and the tools that we have. Once we have an understanding of what supports individual growth and improvement in our lives and our communities we can then move forward with supporting others.

[Track— Clinical] [Level— General Audience]

Tia M Holley, RHS, CDCII, NCACI

Chemical Dependency Counselor II, National CD Counselor I, Rural Human Service

New Behavioral Health Medicaid Regulations

What happened to the Medicaid regulations when the substance abuse version and the mental health version were merged? The overarching goal of this training is to answer this question and to orient and familiarize direct service providers, program managers, and agency administrators with the contents of the newly adopted "integrated" Medicaid regulations for behavioral health. Medicaid regulations set the standard in Alaska's Behavioral Health System for service delivery and for documenting the services provided so it's important that all providers are well versed in the contents of this newly adopted regulation.

[Track - Management] [Level - All Levels]

Dan Weigman, M.S.

Planner - DHHS/Behavioral Health Division

May 4—6, 2009—Anchorage Sheraton Hotel

Tuesday, May 5, 2009

Schedule at a Glance Tuesday, May 5, 2009

7:30 - 2:00.....Registration/Information Desk	9:45 - 5:00.....Full Day (6 hour) Sessions
8:30 - 9:30.....Tuesday Keynote	9:45 - 12:15.....General Session
8:00 - 5:30.....Full Day (8 hour) Sessions	1:30 - 4:00.....General Session
9:30 - 9:45.....Networking Break	5:30 - 7:00.....Reception for SADA Members
	7:00 - 8:00.....12 Step Meeting

Certification Sessions (8 hours)

8:00 - 5:30.....Medicaid Compliant Documentation
8:00 - 5:30.....Recovery, Health and Wellness
8:00 - 5:30.....Things I Didn't Know I Didn't Know: Cultural Competency in Providing Behavioral Health Services
8:00 - 5:30.....HIV/AIDS, Risk Reduction, and Behavioral Change

Certification Sessions (6 hours)

9:45 - 5:00.....Confidentiality
9:45 - 5:00.....Strategies for Delivery Clinical Supervision
9:45 - 5:00.....The Evidence Based Treatment of Co-Occurring Disorders

8:00 - 5:30.....Certification Sessions (8 hours)

Medicaid Compliant Documentation (8 hours)

The "Medicaid Compliant Documentation" training is meant to meet the certification requirements for the Behavioral Health Board. The training will take the participant through the clinical chart components from screening to discharge summary. This is a very good basic documentation course as well as for any clinician new to the Alaska Medical Assistance system of documentation.

Morning Session 8:00 - 9:30 and 9:45 - 12:15. Afternoon Session 1:30 - 5:30

[Track - Certification] [Level - General Audience]

Patti Bruce MS, MAC, Michael Campbell, LCSW, Randall Madigan, MPH, Darlene Beltz, BS,BA. Teri Keklak
State of Alaska, DBH

Recovery, Health and Wellness (8 hours)

Participants will gain an understanding of the common signs of burnout, compassion fatigue and vicarious trauma. Options for prevention and for remediation of the same will be addressed. Ethical decision making in the face of these typical experiences of helping professions will be explored.

Morning Session 8:00 - 9:30 and 9:45 - 12:15. Afternoon Session 1:30 - 5:30

[Track - Certification] [Level - Intermediate]

Renee George, MS, LPC

Instructor, Counseling Psychology and Human Services, Alaska Pacific University

"Things I Didn't Know I Didn't Know": Cultural Competency in Providing Behavioral Health Services (8 hours)

Much of our cultural orientation is beneath conscious awareness, and may present unintentional obstacles to the therapeutic relationship. This workshop offers participants an opportunity to explore the cultural presuppositions each of us brings to behavioral health services with clients from different backgrounds.

Morning Session 8:00 - 9:30 and 9:45 - 12:15. Afternoon Session 1:30 - 5:30

[Track - Certification] [Level - Beginning]

Michael Bricker, MA, ICADC, LPC, SAP and Panel

YKHC Behavioral Health Education and Training Department

35th Annual School on Addictions and Behavioral Health

Tuesday, May 5, 2009

8:00 - 5:30.....Certification Sessions (8 hours) Continued

HIV/AIDS and Blood Borne Pathogens

Chemical dependency professionals provide opportunities for Native and non-Native clients to alter attitudes and behaviors so as to improve their ability to hold onto sobriety and lifestyle change. Part of this shift involves decreasing risky behaviors many of which lead to HIV and other infectious diseases. As clinicians and counselors we work to acquire the information with which to translate into changed behavior by our clients. Scientific discoveries related to HIV/AIDS change and develop on a continual basis. This workshop will focus on providing current evidence based information regarding HIV and infectious diseases etiology, transmission, assessment and risk reduction, as well as the significant psychological issues which confront our Native and non Native clients. The workshop will be both didactic and experiential in form..

[Track— Certification] [Level—Intermediate]

Fransing Daisy Ph.D; Joe Cantil

Behavioral Health Educator, NW AIDS Education and Training Center.

8:30 - 9:30.....Tuesday Morning Keynote

The Addiction-Trauma Connection: Spirals of Recovery and Healing

Addiction and trauma are often addressed as separate issues. Yet, mental health professionals continue to report a clear and consistent association between the incidence of chemical dependency and all forms of interpersonal violence (physical, emotional, and sexual). The initial focus of the presentation will be the history of trauma, its connection to addiction, and the process of trauma. It will include the following: therapeutic environment, stages of recovery, dissociation, triggers and secondary traumatization. However, the principle emphasis will be on healing - on learning ways to facilitate the healing process in the context of women's addiction reatment and recovery. The model used is part of the *Beyond Trauma* curricula and is based on theory, research and clinical experience.

[Track - Clinical] [Level - General Audience]

Stephanie Covington. Ph.D, LCSW

Center for Gender and Justice, Institute of Relational Development



Dr. Stephanie Covington has an extensive background in teaching and working in the behavioral health arena. She acts as a consultant for programs nationally on addiction. Dr. Covington has also provided many presentations on addictions nationally and has writing many book and articles on addiction and gender issues.

9:30 - 9:45.....Networking Break

9:45 - 5:00.....Certification Session (6 hours)

Confidentiality (6 hours)

This course will provide information on the federal requirements of 42 CFR part 2, and HIPPA regarding client confidentiality and protection of client confidential information in behavioral health counseling. Participants will discuss handling various confidential issues that may arise in the behavioral health field.

Morning session 9:45 - 12:15. Afternoon Session 1:30 - 5:00

[Track—Certification] [Level - General Audience]

Jacqueline (Jackie) Cox, MA, CS, CDCII, LPC

May 4—6, 2009—Anchorage Sheraton Hotel

Tuesday, May 5, 2009

9:45 - 5:00.....Certification Session (6 hours) Continued

Strategies for Delivering Clinical Supervision (6 hours)

The workshop is based on best practices in the field of supervision. Workforce development and retention is supported when there is adequate clinical supervision to support providers in the field in providing quality services. Clinical supervision encompasses monitoring all of the core certification competencies as well as administration issues such as grant reporting requirements, accreditation requirements, and training plans for the providers. This workshop would help supervisors identify strategies for monitoring areas of supervision including the integration of behavioral health services. One of the most challenging areas for supervisors is disciplinary meetings. The proposed workshop would identify common errors and outline a method of effectively conducting a disciplinary meeting.

Morning Session 9:45 - 12:15. Afternoon Session 1:30 - 5:00

[Track - Certification] [Level - Advanced]

Iva Grey Wolf, Ph.D., CDCS, MAC

Consultant, Grey Wolf Consulting, LLC

The Evidenced Based Treatment of Co-occurring Disorders (6 hours)

The field of behavioral medicine is robust with new data and research that needs to be translated into useful information for the benefit of the front-line clinician. The ultimate goal of this translation is to empower the clinician with the best information and technique available. This skills training event will give the clinician the latest research on the interface between Substance-Related Disorders and other DSM-IV entities. Participants can expect to learn how his research translates into actual work with clients. Empirically based psychotherapeutic and pharmacological interventions will be the focus of this skills training event. Case vignettes will be utilized to demonstrate application of clinical techniques

Morning Session 9:45 - 12:15. Afternoon Session 1:30 - 5:00

[Track - Clinical] [Level - Intermediate]

Cardwell C. Nuckols, MA, Ph.D

Cardwell C. Nuckols and Associates, LLC

9:45 - 5:00.....Tuesday Full-Day Sessions

Gender Matters: Creating Services for Women and Girls (6 hours)

While substance abuse, trauma and mental health are often taught, funded, and treated as separate issues, both researchers and clinicians often find these problems intertwined in complex ways in women's and girls' lives and require an integrated response. This presentation describes the world of women and girls, as well as providing an overview of the elements needed for creating gender-responsive services. In addition to providing a theoretical foundation for the work, interactive exercises that demonstrate treatment strategies that counselors can use are also described. The topics covered include developing a positive sense of self, building healthy relationships, developing emotional wellness, as well as sexually and spiritually. *Morning Session 9:45 - 12:15. Afternoon Session 1:30 - 5:00*

[Track - Clinical] [Level - Intermediate]

Stephanie Covington, Ph.D, LCSW

Center for Gender and Justice, Institute of Relational Development

35th Annual School on Addictions and Behavioral Health

Tuesday, May 5, 2009

9:45 - 5:00.....Tuesday Full-Day Sessions Continued

Rapid Cycle Change: The NIATx Story (6 hours)

The Network for the Improvement of Addictions Treatment (NIATx) is a national organization that has pioneered innovative ways to improve client engagement and retention. NIATx methods help agencies use a simple process improvement model to solve problems like waiting lists, client no-shows, treatment drop outs, and low transition rates between levels of care. Using existing resources, agencies have been able to: 1) Get people into treatment sooner; 2) Engage them in treatment longer; 3) Increase revenue; 4) Reduce costs; 5) Improve efficiency; and, 6) Improve staff morale. This workshop will tell the story of how agencies achieved those results and will highlight specific methods agencies can use to solve service-related problems. *Morning Session 9:45 - 12:15. Afternoon Session 1:30 - 5:00*

[Track - Management] [Level - Advanced]

Steve Gallon, Ph.D

Principle Investigator and Director, Northwest Frontier Addiction Technology Transfer Center; Department of Public Health and Preventive Medicine, Oregon Health and Science University. Process Improvement Coach, Network for the Improvement of Addiction Treatment.

12:15 - 1:30.....Lunch Break (on your own)

Reception for SADA members
Kuskokwim East
Tuesday, May 5, 2009
5:30 – 7:00 p.m.

Come meet with Ron Hunsicker, the President and CEO of the National Association of Addiction Treatment Providers (NAATP)

Now that SADA is under the NAATP umbrella, come learn about all the ways NAATP and SADA can work together!

7:00 - 8:00.....12 Step Meeting

May 4–6, 2009—Anchorage Sheraton Hotel

Wednesday, May 6, 2009

Schedule at a Glance Wednesday, May 6, 2009

8:00 - 4:00.....	Registration/Information Desk	12:30 - 12:45.....	Networking Break
8:30 - 9:30.....	Wednesday Keynote	12:45 - 2:45.....	Awards Luncheon
9:30 - 10:00.....	Networking Break	2:45 - 3:00.....	Networking Break
10:00 - 12:30.....	General Sessions	3:00 - 5:30.....	General Sessions

8:30 - 9:30.....Wednesday Morning Keynote



Now that we have Federal Parity Legislation; What Comes Next?

After over 12 years trying to get federal legislation declaring that addiction treatment should not be discriminated against in benefits within private health insurance. H.R. 1424 was passed and signed by the President of the United States on October 3, 2008. Simply having a debate on this legislation and having a vote in Congress was a major victory. Nevertheless, it is critical for us to understand the difference between parity on the benefit side of the equation and parity on the access side of the equation. H.R. 1424 addresses the benefits side. With the passage we need to know what comes next, how the writing of the *procedures* will or could impact us and what to expect next. This presentation will review the life of this bill, what is contained in the bill and what might be happening next.

[Track - Keynote] [Level - General Audience]

Ronald J. Hunsicker, D.Min., FACATA

President/CEO, National Association of Addiction Treatment Providers (NAATP)

Dr. Ronald J. Hunsicker is currently the President/CEO of the National Association of Addiction Treatment Providers, Inc., a national health care organization representing the interests and concerns of some of the most preeminent addiction treatment programs in this country. NAATP represents over 310 providers of addiction treatment. In addition to his leadership position with NAATP, Dr. Hunsicker is also a Fellow with the American College of Addiction Treatment Administrators (ACATA) a section of NAATP.

9:30 - 10:00.....Networking Break

10:00 - 12:30.....Wednesday Morning Sessions

Health Care Reform: Moving from Slogan to Reality - Where is Addiction Treatment in this Discussion

Even as some of the assembled stands for the inauguration were being disassembled, the constant “chatter” about health care reform was heard from both sides of the aisle, from the White House and from all interested stakeholders. It is interesting to note that the discussion has been about health care reform and not disease care reform. What will it take for our slice of the health care process - addiction treatment - to be taken seriously? What will it take for our work to be included in all the discussion about an integrated health care record? What will it take for the management of this disease to receive the same recognition, the same funding and the same research as the management of other chronic diseases? All of these and other themes will be explored in this workshop that looks at what has happened in health care and what might happen.

[Track - Research and Policy] [Level - General Audience]

Ronald J. Hunsicker, D.Min., FACATA

President/CEO, National Association of Addiction Treatment Providers (NAATP)

Wednesday, May 6, 2009

10:00 - 12:30.....Wednesday Morning Sessions

Suicide Prevention

More than 30,000 people in the United States die by suicide every year. It is this country's 11th. Leading cause of death, and the third leading cause of death among people ages 15-24. Suicide is not about wanting to die, but a powerful need for pain to end. People choose suicide because they feel unable to cope with feelings of pain, hopelessness, helplessness, isolation, and uncertainties. Studies indicate that the best way to prevent suicide is through the early recognition and treatment of depression and other illnesses such as addiction that lead to suicidal tendencies. This skills training event will help clinicians sharpen their skills in the areas of identification, prediction and assessment. Emphasis will be placed on clinical prevention strategies. In cases where suicide has occurred, the method for a post-review or psychological autopsy will be discussed.

[Track - Clinical] [Level - General Audience]

Cardwell Nuchols, MA, Ph.D.

Cardwell C. Nuchols and Associates, LLC

Why do I have to Learn This Sex (and other) Stuff

This workshop is designed to enhance counselor skills in dealing with sexually transmitted diseases (STD) and Hepatitis C and their relationship with substance abuse. The workshop will include discussion and experiential activities on STD and Hepatitis C transmission and acquisition, the relationship between transmission and substance abuse, risk reduction and risk reduction counseling. Workshop objectives primarily focus on working with the client who is at high risk for acquiring or transmitting STD and Hepatitis C.

[Track - Clinical] [Level - Intermediate]

Carl Aronson, MA

Health Program Manager, State of Alaska, DHSS, Section of Epidemiology, HIV/STD Program

Embracing Change: Grassroots to Evidence Based Practice

The world of behavioral health care is ever changing, yet the threats faced by rural programs remain remarkably constant. Rural programs continue to suffer from difficulties with program development, outcomes evaluation, workforce retention and project longevity. This presentation will provide a framework for addressing these threats and utilize the experiences of Serenity House Treatment Center to highlight practical solutions.

[Track - Management] [Level - Intermediate]

Kristie Sellers, Ph.D, LCP., and Serenity House Treatment Center Staff

Director of Behavioral Health, Central Peninsula Hospital.

AKAIMS Support

A workshop providing intensive hands on technical support to enable providers to make the most of the AKAIMS system. This workshop is limited to 15 participants.

[Track - Clinical] [Level - Intermediate]

Michael Walker

State of Alaska, DBH

Culturally Appropriate ASAM for Alaska

Circles have great symbolic meaning in traditions around the world. The Medicine Wheel depicts how we see the world around us and our place in it. In taking a personal journey around this circle you will be introduced to your own dance with the balance of life. Knowing your own harmony, strengths, and weaknesses and how they interrelate provide you strength and wisdom in guiding others through linear Western Models of the wheel called "ASAM."

[Track - Clinical] [Level - General Audience]

Tia M. Holley, CDCII, NCACI, RHS

May 4—6, 2009—Anchorage Sheraton Hotel

Wednesday, May 6, 2009

10:00 - 12:30.....Wednesday Morning Sessions Continued

Heroin: A growing threat in Alaska

This workshop will provide participants with information on heroin, its origin, current forms, (China white, Mexican black tar, cheese.), routes of administration (eye popping, injection, inhalation), and the effects on the brain. Also covered will be symptoms of intoxication, withdrawal management, and treatment modes with focus on medication and non-medication assisted treatment and rapid detox.

[Track - Clinical] [Level - General Audience]

Ron Greene, CDCS, CMA;
Clinical Director
Center for Drug Problems

Jennifer Stuke, LPN.,
Nursing Supervisor
Center for Drug Problems

Wendy Sprague, MS;
Program Counselor
Center for Drug Problems

Martin Theulin, BA
Program Counselor
Center for Drug Problems

“Shake, Rattle and Roll”: Behavioral Health Aspects of Mild Traumatic Brain Injury

This workshop explores some possible relationships between mild TBI from accidental injuries and the “difficult-to-treat” client. We will examine some methods for screening, assessing, and modifying treatment planning to maximize successful outcomes for mild TBI clients. (**NOTE: This workshop does not address the unique challenges of combat Veterans returning with complex TBI syndromes**)

[Track - Clinical] [Level - Intermediate]

Michael Bricker, MA, ICADC, LPC, SAP and Panel

YKHC Behavioral Health Education and Training Department

The Grant Process: Successfully Developing and Managing Your Grant

Participants will learn the basics of responding to an RFP, what having a grant agreement means, and how to manage a grant award once you receive it. Included will be an overview of the relevant Alaska Statutes and Regulations, the basics of reporting and how to make changes in the approved project. This workshop is designed for new directors or those with grant management responsibilities.

[Track - Management] [Level - Intermediate/Advanced]

Marilee Fletcher

Program Manager. Division of Behavioral Health, State of Alaska

12:30 - 12:45.....Networking Break

12:45 - 2:45.....Awards Luncheon

2:45 - 3:00.....Networking Break

3:00 - 5:30.....Wednesday Afternoon Sessions

What is the Outcome of Addiction Treatment: If Recovery, How do you Define it?

The debate ranges on in terms of what we ought to expect the results of addiction treatment to be. Should it be stabilization? Should it be reduction of accidents on the job? Should it be abstinence? This discussion has generated far more questions than answers. There is a growing interest in looking at *recovery* as the outcome of addiction treatment, but how do we define and then measure recovery? This workshop will explore first the question of what the outcome of addiction treatment should be and then propose some ways to define recovery and suggest that we need to develop a consensus in order to move forward.

[Track - Clinical] [Level - General Audience]

Ronald J. Hunsicker, D.Min., FACATA

President/CEO, National Association of Addiction Treatment Providers (NAATP)

35th Annual School on Addictions and Behavioral Health

Wednesday, May 6, 2009

3:00 - 5:30.....Wednesday Afternoon Sessions Continued

How to Increase Family Involvement in Addictions Treatment Programs: Keeping the Family at the Center

This is an interactive presentation to help clinicians, community resource workers, educators, and family members gain knowledge and understanding of the importance of family involvement in addictions treatment

[Track - Clinical] [Level - Intermediate]

Nick Wahl, LPC.

Outpatient Mental Health Therapist, Providence Breakthrough

Kathy Smith

Counselor Assistant Providence Breakthrough

Mind Mapping as a Change Agent

Mind Mapping is a powerful clinical tool that invites us to explore the inner depths of personal experiences. Participants in this presentation will participate in a main-mapping project and then learn to use the information presented to clinically guide their clients in the process of change. Minds are challenging and fun. As a free-form activity, they shed light on thinking and behavior patterns; a process that encourages change.

[Track - Clinical] [Level - Intermediate]

Jacqueline (Jackie) Cox, MA, CS, CDC11, LPC

Protesting the Ordinary: Innovative Treatment Interventions for Youth with FASD

This presentation will focus on creative treatment interventions used with children, adolescents, and young adults. Innovative treatment approaches will include the 3-M Model, Modeling, Mentoring, and Monitoring, for the FASD Waiver which includes a TIM (Treatment Intervention Mentor); creative uses of Individual Service Agreement (ISA) funds; Animal Assisted Therapy; Cultural Activities/Art; Neurofeedback; and Traditional Healing.

[Track - Clinical] [Level - Intermediate]

Shannon Cross, LCSW.

Anne Gibson, RN, MS.

Judy Helgeson, MS, LPC

Utilization Review Specialists, State of Alaska, Behavioral Health

Treating the Pregnant Opioid Dependent Patient

This workshop will discuss the complex presenting issues of the pregnant opioid dependent patient, and barriers to treatment. The workshop will also present on the interdisciplinary team (obstetrician, behavioral health staff, OTP Medical staff), medication assisted treatment, strategies to engage and retain patients in treatment, and post partum issues.

[Track - Clinical] [Level - General Audience]

Jennifer Stuke, LPN, CMA.

Ron Greene, CMA, CDCS

Mary Kenshalo, MS

Freeman Lathan, BS

Nursing Supervisor

Clinical Director

Program Counselor

Program Counselor

Center for Drug Problems

Center for Drug Problems

Center for Drug Problems

Center for Drug Problems

Acceptance is Not Surrender: Acceptance and Commitment Therapy (ACT) in the Treatment of Substance Use Disorders

This workshop explores this emerging evidence-based practice for helping persons with substance use disorders in "embracing the change" to a life of recovery.

[Track - Research and Policy] [Level - Advanced]

Michael Bricker, MA, ICADC, LPC, SAP and Panel

YKHC Behavioral Health Education and Training Department

Alaska Meth Education Project: Community Meth Prevention

The Alaska Meth Education Project is currently working with community partners cross Alaska to conduct meth prevention presentation. These presentations feature Partnership for Drug Free America's *Meth 360* program and offer basic facts on meth and meth use as well as ways to prevent and combat meth in your community.

[Track - Other] [Level - Beginning]

Allison Biastock, AME Project Coordinator

Alaska Meth Education Project.

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3:00 - 5:30.....Wednesday Afternoon Sessions Continued

Embracing Tobacco-Free Treatment: Addressing ALL Substance Use within a Treatment Setting

Research has indicated that clients who are treated for nicotine dependence alongside treatment for substance abuse have potentially a lower rate of relapse and a greater chance of recovery. Participants will discover the opportunities that tobacco free recovery can provide to individuals in treatment. The panel will explore the barriers to tobacco free treatment.

[Track - Research and Policy] [Level - General Audience]

Nick Gonzales, Tobacco Prevention Policy Specialist, Akeela Inc.,

Marian Estelle,

Wendy Hamilton, CAC1

Rebecca Davis, Clinical Director, Alaska Women's Resource Center, Stepping Stones Program

Robert Heffle, Executive Director, Salvation Army Clitheroe Center

Working with Therapeutic Courts

Therapeutic courts represent the coordinated efforts of the judiciary , prosecution, defense bar, probation, law enforcement, mental health, social service, and treatment communities to actively and forcefully intervene and break the cycle of substance abuse, addiction, and crime. As an alternative to less effective interventions, therapeutic courts quickly identify substance abusing offenders and place them under strict court monitoring and community supervision, thereby initiating their recovery experiences, then couple this with effective, long-term treatment services to sustain their recovery.

[Track - Clinical] [Level - Intermediate]

Michelle Bartley, Therapeutic Courts Program Coordinator, Alaska Court System

Jenni Jurvig, Therapeutic Courts Project Manager, Alaska Court System

Sally Russel, Therapeutic Courts Project Manager, Alaska Court System

35th Annual School on Addictions and Behavioral Health

2009 Awards Nomination Form

Anyone may make a nomination!

In order to support and recognize outstanding individual achievements in the field of substance abuse treatment, the Substance Abuse Directors Association is accepting nominations for the following awards.

Francis J. Phillips Award

Presented for many years of outstanding statewide contributions to the addictions field. Presented to an innovative individual who demonstrates commitment to excellence, ethical standards, interagency cooperation, and is an inspiration and leader in the addictions field.

“Change Maker” Award

The “Change Maker” award is an honor bestowed upon an individual in recovery whose very life is an inspiration to others. He/she is not an addictions counselor or professional in the field. Instead, this person serves as a role model in many possible ways. Perhaps he/she has accomplished an educational or vocational goal, volunteers in some capacity in the community, or does an outstanding job in his/her chosen profession. The “Change Maker” is responsible for his/her own recovery and is the kind of person others in recovery aspire to be. He/she has rejoined the mainstream of society and is considered a contributing member in a significant way.

A Release of Information (ROI) form must be signed by the individual being nominated for the “Change Maker” award and attached to the award nomination form. Thank you.

How to Submit a Nomination

Completely fill out the award nomination form and attach a narrative explanation of why you think the person is deserving of the award. A separate ballot and narrative must be completed for each nomination. Nominations must be received by April 10, 2009. Award recipients will be honored at the Annual School awards luncheon on May 6, 2009 and will receive a scholarship for the 2010 Annual School on Addictions. Please contact SADA at (907) 242-6608 for additional information.

(Please print)

Please indicate to which award your nomination applies: _____

Nominee’s Information

Nominee’s Name: _____

Nominee’s Affiliation/Organization: _____

Nominee’s Mailing Address, City, State, Zip: _____

Nominee’s Phone Number (Day): _____

E-mail: _____

Nominator’s Information

Nominator’s Name: _____

Nominator’s Affiliation/Organization: _____

Nominator’s Mailing Address, City, State, Zip: Address: _____

Nominator’s Phone Number (Day): _____

E-mail: _____

Attach narrative and mail to SADA address: P.O. Box 92580, Anchorage, AK 99509
A complete call for (fill-in) nominations forms are available on our website at www.sada.ak.org.
You can also fax the nomination form to 1-866-252-8824 or e-mail to sada@ak.net

May 4—6, 2009—Anchorage Sheraton Hotel

Conference Registration Fees

	Regular Early Bird by April 10, 2009	All Registration after April 10,
Full Conference.....	\$290.....	\$305
One Day.....	\$128.....	\$143
Half Day.....	\$81.....	\$100
Wednesday Awards Luncheon Only.....	\$35.....	\$35

Special Rates Students (with ID) and Seniors (62+)

Full Conference.....	\$199.....	\$214
One Day.....	\$ 80	\$ 95
Half Day.....	\$ 65	\$80

Group Rate Special (Full Conference reg. only) To qualify, all registration forms must be submitted at one time (please complete one form for each registration)

First 3 from same org.....	\$784.....	\$829
Each additional (same org.).....	\$271.....	\$286

REGISTRATION FEES

- ◆ Registration received prior to April 10, 2009 is eligible for Early Bird Rates.
- ◆ All payments and registrations received after April 10, 2009 will be subject to full conference registration fees and are NOT eligible for discounts.

IMPORTANT NOTE

- ◆ Registration with Purchase Orders: A check **must** be received prior to April 24, 2009 or registration **will not** be processed.
- ◆ Be sure to register early, [access to each session will only be available through confirmed agendas](#).

CANCELLATION POLICY

All requests for registration additions, changes, and/or refunds must be in writing (via E-mail, postal mail or fax) and received by April 24, 2009. Refunds will be made, less a \$45 administrative fee, if cancellation notification is received by April 20, 2009. No refunds or credits after April 24, 2009; however, a substitute attendee may be designated at any time. Refunds will be mailed after the conference. No refunds will be made for those who register but do not attend.

PRE-REGISTRATION

You can pre-register for the conference until April 24, 2009. Registration must be received by April 24th. for confirmation agenda via email. If you miss the pre-registration dead line of April 24th. you can register onsite on May 4, 2009 at the Anchorage Sheraton Hotel.

REGISTRATION QUESTIONS

Anna Sappah, Executive Director: Phone: 907-242-6608, FAX 1-907-562-7948, E-mail: sherryl@gci.net

SEND COMPLETED REGISTRATION FORM AND PAYMENT TO:

RADACT
3901 Old Seward Highway, Suite 8,
Anchorage, AK, 99503

Schedule at a Glance

Monday, May 4, 2009

7:00 - 4:00.....Registration/Information Desk
 7:30 - 7:45.....Welcome
 7:45 - 8:00.....Gathering Drumming and Prayer
 8:00 - 8:30.....Opening Remarks
 8:30 - 9:30.....Opening Keynote*
 ♦ *Addiction and Change

9:30 - 9:45.....Networking Break
 9:45 - 12:15.....General Sessions
 ♦ Matching Treatment Approaches to Process of Change
 ♦ Pain Management for the Recovering Addict
 ♦ AKAIMS Support
 ♦ Co-Occurring Disorders and Grief

9:45 - 5:45.....Full Day Certification Session
 ♦ Ethics

9:45 - 5:45.....Full Day Sessions
 ♦ Neurobiological Aspects of PTSD and Substance Dependence
 ♦ Integrating the Cognitive Therapies

10:00 - 4:45.....Half Day Certification Session
 ♦ Advanced Ethics

12:15 - 1:30Lunch (on your own)
 1:30 - 2:30Afternoon Keynote
 ♦ Treating the Angry and Aggressive Client

2:30 - 2:45.....Networking Break
 2:45 - 5:15.....General Session
 ♦ Treating Complicated Adolescent Substance Abuse Disorder
 ♦ Professional Boundaries: Transference and Countertransference
 ♦ New Behavioral Health Medical Regulations
 ♦ Principles of Effective Youth Services: Findings from the National Academy of Sciences
 ♦ Making Treatment Accessible: Treatment Planning for Real Human Beings in the Real World

7:00 - 8:00.....Open Narcotics Anonymous Meeting

Tuesday, May 5, 2009

7:30 - 2:00.....Registration/Information Desk
 8:00 - 5:30.....Certification Sessions (8 hours)
 ♦ Things I Didn't Know I Didn't Know: Cultural Competency
 ♦ Medicaid Compliant Documentation
 ♦ Recovery, Health and Wellness
 ♦ HIV/AIDS and Blood Borne Pathogens

8:30 - 9:30.....Tuesday Keynote
 ♦ The Addiction Trauma Connection: Spirals of Recovery and Healing

Tuesday, May 5, 2009 (Continued)

9:30 - 9:45.....Networking Break
 9:45 - 5:00.....Certification Sessions (6 hours)
 ♦ Evidenced-Based Treatment and Co-Occurring Disorders
 ♦ Confidentiality
 ♦ Strategies for Delivering Clinical Supervision

9:45 - 5:00.....Full Day Sessions
 ♦ Gender Matters: Creating Services for Women and Girls
 ♦ Rapid Cycle of Change: The NIATx Story

12:15 - 1:30Lunch (on your own)
 7:00 - 8:00.....12 Step Meeting

Wednesday, May 6, 2009

8:00 - 4:00.....Registration/Information Desk
 8:30 - 9:30.....Wednesday Keynote
 ♦ Now that we have Parity Legislation; What Comes Next?

9:30 - 10:00.....Networking Break
 10:00 - 12:30General Session

♦ Suicide Prevention
 ♦ Health Care Reform: Moving from Slogan to Reality
 ♦ Why Do I have to Learn This Sex (and other) Stuff
 ♦ Embracing Change: Grassroots to Evidence-Based Practice
 ♦ AKAIMS Support
 ♦ Culturally Appropriate ASAM for Alaska
 ♦ Heroin Origins/Historical Perspectives/Forms
 ♦ "Shake Rattle and Roll": Behavioral Health Aspects of Mild Traumatic Brain Injury
 ♦ The Grant Process: Successfully Developing and Managing you Grant

12:30 - 12:45.....Networking Break
 12:45 - 2:45.....Awards Luncheon
 3:00 - 5:30.....Wednesday Afternoon Sessions

♦ How to Increase Family Involvement in Addiction Treatment Programs
 ♦ What is the Outcome of Addiction Treatment: If Recovery How do you Define it?
 ♦ Mind Mapping as a Change Agent
 ♦ Protesting the Ordinary: Innovative Treatment Intervention for Youth with FASD
 ♦ Treating the Pregnant Opioid Dependent Patient
 ♦ Acceptance is not Surrender: Acceptance and Commitment Therapy (ACT) in the Treatment of Substance Use Disorders
 ♦ Embracing Tobacco-Free Treatment: Addressing ALL Substance Use within a Treatment Setting
 ♦ Working with Therapeutic Courts
 ♦ Alaska Meth Education Project: Community Meth Prevention

May 4—6, 2009—Anchorage Sheraton Hotel

Conference Registration Form

Please submit a separate registration form for each person
(PLEASE PRINT or TYPE)

First Name _____ Last Name _____
Organization _____ Address _____
City _____ State _____ Zip _____
Daytime Phone _____ Fax _____
E-mail **(Required)** _____

Important Note: Your registration confirmation will be sent to you by e-mail only. Access to each session will only be available through confirmed agendas. Register early so that you can get the workshop of your choice

Please write the sessions you wish to attend (keynote presentation not included) and rank the session by first, second and third choice. Second and third choices will only be applied if the prior preferences are full. Confirmation of your registration will be sent to you within one week of the receipt of the registration.

May 4, 2009, Monday Morning

1. _____
2. _____
3. _____

May 4, 2009, Monday Afternoon

1. _____
2. _____
3. _____

May 5, 2009, Tuesday all day sessions

1. _____
2. _____
3. _____

May 6, 2009, Wednesday Morning sessions

1. _____
2. _____
3. _____

May 6, 2009, Wednesday Afternoon Sessions

1. _____
2. _____

May 6, 2009, Wednesday Awards Luncheon

_____ Yes, I plan on attending the Awards Luncheon
_____ No, I DO NOT plan on attending the Awards Luncheon

Calculating Your Registration Fee

Full Conference (includes Wednesday Awards Luncheon) \$ _____

One Day (Awards Luncheon not included) \$ _____

Day: ___ Monday ___ Tuesday ___ Wednesday

Half Day (Awards Luncheon not included) \$ _____

Day: ___ Monday ___ Tuesday ___ Wednesday

Time: ___ Morning ___ Afternoon

Awards Luncheon (included only with full conference registration)
\$ _____

Total \$ _____

Payment or Purchase Order must accompany registration form

*To receive Early Bird Registration Rates, payment must be made on or before April 10, 2009

Enclosed is a check or purchase order payable to "Substance Abuse Directors Association" (EIN: 92-0167007):
Check/PO# _____

Bill my MasterCard or Visa credit card. Charge will be processed by and appear on your statement as "Substance Abuse Directors Association."
Credit Card#: _____ Exp. Date: _____

Cardholder Name (please print) _____

Cardholder Signature _____

35th Annual School on Addictions and Behavioral Health

Notes

May 4—6, 2009—Anchorage Sheraton Hotel

*Substance Abuse Directors Association
P.O. Box 92480
Anchorage, AK, 99509*

If you have received this in error please contact us so we can update our mailing list.

DATES: Monday-Wednesday, May 4-6, 2009

LOCATION: Sheraton Anchorage Hotel

ACCOMMODATIONS: Sheraton Anchorage Hotel at 800.478.8700 (reduced conference rates available until **April 16, 2009**).

AIR TRAVEL: Alaska Airlines at alaskaair.com. (ECCMB0761)

Early registration rates are in effect through April 10, 2009

PRE-REGISTRATION

You can pre-register for the conference until **April 24, 2009**. Registration must be received by April 23rd. for confirmation agenda via e-mail. **If you miss the pre-registration dead line of April 24rd.you can register onsite on May 4, 2009 at the Anchorage Sheraton Hotel.**